



Shydelko Anna

associate professor of theoretical and practical psychology, Ph. D. in Sociological Sciences, Associate Professor

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Briefly about myself

In 2000 I graduated with honours from Vasyl Stefanyk Precarpathian National University, in 2001 received a Master's degree from the same institution and the specialty: «Teacher of pedagogy and psychology»; in 2012 defended the thesis on the topic: «Social prevention of sexual demoralization of underage girls in Ukraine and Poland» and took an academic degree – Ph.D. in Sociology, specialty 22.00.04 – special and sectoral sociology. Senior Researcher at the Department of Practical Psychology, LNPC PTO NAPN of Ukraine (2002-2016). At the same time, I have been teaching at the Ukrainian Catholic University since 2011. Since September 2016, I have been working at Lviv State University of Internal Affairs. In 2017, I was awarded the academic title of Associate Professor of Psychology. Scientific and teaching experience – 28 years.

Scientific achievements

Author of about 130 scientific papers, including monographs, textbooks, manuals, guidelines, programs in sociology, cultural studies, psychology,

pedagogy. Some of them: «Social prevention of sexual demoralization of underage girls in Ukraine and Poland», «Career guidance and professional selection: axiological aspects», «Ethics and psychology of family life», «Social problems of modern society» co-author of a number of textbooks and monographs: «Psychological and pedagogical bases of professional adaptation of future specialists», «Theoretical foundations of the methodology of professionally oriented teaching of general education subjects», «Humanitarian bases of professional adaptation of future experts», «Actual problems of humanitarian education in vocational schools», «Professional adaptation of a personality in the process of studying the subject «Culturology» in vocational schools», «Humanitarian education and the needs of the labour market», «Psychological aspects of professional training of competitive professionals», «Professional adaptation of future specialists in the process of cultural training», «Psychological and pedagogical principles of the teacher's activity of a modern vocational school».

Teaches disciplines

Sociology

Pedagogical Psychology

Pedagogy of higher school

Social Work

Psychology of health

Research interests

- ✚ psychology of stress, psychosomatics, deep psychology
- ✚ sociology and psychology of a child-orphan
- ✚ the problem of domestic violence against women

Individual publications

1. Shydelko A. V. Social prevention of sexual demoralization of underage girls in Ukraine and Poland: monograph. Kyiv, 2015. 208 p.
2. Shydelko A. V. Vocational guidance and professional selection: axiological aspects: educational guide. Lviv, 2017. 140 p.
3. Shydelko A., Kuzo L. The significance of Ukrainian culture in the professional adaptation of the higher education applicant. *Social and legal studies: scientific and analytical journal* / head. ed. O. Balynska. Lviv, 2020. Issue 3 (9). P. 208–213.
4. Shydelko A., Kuzo L. «Living book» as psychological and pedagogical technology of orphans upbringing. *Bulletin of the National Defense University of Ukraine*. Collection of scientific papers. 2020. Issue 3 (56). P. 156–160.
5. Shydelko A. V., Holovach T. M., Mayorchak N. M. Effect of a single-parent family on the formation of social and psychological characteristics of children. *Moderní aspekty vědy: X. Díl mezinárodní kolektivní monografie / Mezinárodní Ekonomický Institut s.r.o. § 8.6. Česká republika: Mezinárodní Ekonomický Institut s.r.o., 2021. S. 309–318. URL: <http://perspectives.pp.ua/public/site/mono/monography-10.pdf>.*

6. Shydelko A. V., Holovach T. M., Mayorchak N. M. Professional adaptation of personality in the educational process. *Bulletin of the National Defense University of Ukraine*. No. 1(65), 2022. P. 141–146. URL : <http://visnyk.nuou.org.ua/article/view/253211/251686/>
7. Shydelko A., Mayorchak N., Bammurak N., Holovach T. Social and Psychological Rehabilitation of People Addicted to Psychoactive Substances: Research Results. *BRAIN. Broad Research in Artificial Intelligence and Neuroscience*. 2022, Volume 13, Issue 1, P. 387–419. URL: <https://lumenpublishing.com/journals/index.php/brain/article/view/4193/3582>. (*Web of Science*).
8. Shydelko A. V., Holovach T.M. Family and the formation of behavioral (immoral) patterns in adolescent girls. *Moderní aspekty vědy: XIX. Díl mezinárodní kolektivní monografie / Mezinárodní Ekonomický Institut s.r.o. Česká republika: Mezinárodní Ekonomický Institut s.r.o., 2022. S. 223–234.*
9. Shydelko A. Consequences of the impact of combat stress on the psychological state of a soldier's personality. *Perspectives and innovations of science. «Pedagogy» Series, «Psychology» Series, «Medicine» Series*. No. 1(6), 2022. P. 476–486.