



Yuriy Nazar

04 July 1987

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EDUCATION:

September 2004 – June 2009 – Ivan Franko Lviv National University,
Master's degree in Psychology, specialisation "clinical psychology"

RESEARCH INTERESTS:

- posttraumatic growth
- guided affective imagery
- psychotherapy
- psychological counseling
- professional success
- self-efficacy
- psychological well-being

WORK EXPERIENCE:

*September 2009 – August 2014 – **Andrey Krupynskyy Lviv Medical Academy**, lecturer
(disciplines: Psychology and interpersonal communication, Conflictology, Bioethics)*

*September 2011 – August 2012 - **Hetman Petro Sahaidachnyi National Ground Forces Academy**, lecturer (disciplines: Basics of Psychology and Pedagogy, Military Psychology and Pedagogy)*

Since 2009 – present – psychotherapy certification training and private psychological counseling

*September 2018 – January 2020 - **Xi'an Zhipin Science and Education Group Co.**,
Researcher and Developer of Educational Products, Xi'an, China*

*February 2020 – August 2022 – **School of free and caring**, psychologist ("Lessons of Happiness" for secondary school students)*

*May 2021 – present – **Wellbeing Company**, psychologist (counseling, psychotherapy sessions and psychological support for employees of business corporations)*

*September 2022 – present – **PhD studies** at Lviv Polytechnic National University, research subject "Socio-psychological determinants of posttraumatic growth of psychologists"*

*September 2022 – present – **Lviv Polytechnic National University**, lecturer (disciplines: History of Psychology, Personality Psychology)*

***ADDITIONAL INFORMATION**

EDUCATION:

26-28 March 2013 – International Educational Seminar on Humanitarian Education, Budapest, Hungary

23-26 October 2013 - International Educational Seminar on Internships in International Intergovernmental organizations, United Nations Office, Vienna, Austria

August 2019 – Teaching English as a Foreign Language (TEFL) 120 hours course certification, International TEFL Organization, Singapore

PSYCHOTHERAPY CERTIFICATION:

Since 2008 – present - International Society for Guided Affective Imagery and Mental Techniques in Psychotherapy and Psychology (educational methodological seminars in katathym-imaginative psychotherapy, psychiatry propaedeutics, individual psychotherapy, group psychotherapy and supervisions)

Since 2021 – additional certification in Dialectical Behavioral Therapy (DBT), Advanced Cognitive Behavioral Therapy (CBT), Eye-Movement Desensitisation and Reprocessing Therapy (EMDR) (Centre of Excellence platform)

MEMBERSHIP:

- Institute of Guided Imagery Development and Depth Psychology
- Ukrainian Society of Psychotherapists